

VETERAN-DIRECTED CARE SERVICES

In the Veteran-Directed Home & Community Based Services (VD-HCBS), the Veteran directs their own care. They are able to decide:

- ◆ What services are needed
- ◆ When services will be provided
- ◆ Where services will be provided
- ◆ How services are provided

As part of the VDC, enrolled Veterans are:

- ◆ Given a budget in order to hire their own personal care aides and purchase needed items and services;
- ◆ Responsible for following program guidelines; and
- ◆ Responsible for recruiting, interviewing, training, supervising and evaluating their own support



OUR MISSION

Our Veterans and Service Members have sacrificed to keep our country safe and protect everything it represents.

We honor and serve those men and women by fulfilling President Lincoln's promise:

"To care for him who shall have borne the battle, and for his widow, and his orphan."

We strive to provide Veterans and Service Members with world-class benefits and services they have earned, and will adhere to the highest standards of compassion, commitment, excellence, integrity professionalism, accountability, and stewardship.

Thank you for your service.

Now let us serve you.

For more information on this program please contact:

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VETERAN-DIRECTED Care (VDC)

*a Self-Directed
Home Care and
Support Program
for Veterans*



**A collaboration of the
VA Salt Lake City Health Care System
and local Area Agencies on Aging**

WHAT IS THE VETERAN-DIRECTED CARE (VDC) PROGRAM?

The VDC program gives Veterans of all ages the opportunity to receive the home and community based services they need in a self-directed manner.

Veterans in this program are given a flexible budget for goods & services that are managed by the Veteran or family caregiver. The VD-HCBS program helps Veterans continue to live at home in their community.

As part of the program, Veterans and their caregivers have greater access, choice and control over their long term care services.**

For example, Veterans can:

- ◆ Decide for themselves what mix of services will best meet their needs
- ◆ Hire their own personal care aides (which can include family, friends, or neighbors)
- ◆ Buy items and services that will help them

live independently in their own home.

* Funds are managed through a financial management system, in conjunction with the Veteran and VAMC Program Coordinator.

** All services must be approved by the VAMC Program Coordinator based on established program guidelines.



WHO IS ELIGIBLE FOR THE VDC PROGRAM?

The VDC program is for Veterans who want to remain in their home, but need skilled home care services, case management, and assistance with activities of daily living (such as bathing and getting dressed) or instrumental activities of daily living (such as fixing meals and taking medications); are isolated, or their caregiver is experiencing burden.

The program is available to:

- ◆ All Veterans enrolled for VA Health Care
- ◆ Veterans with a primary care provider
- ◆ Those at risk of nursing home placement (as determined by set criteria for the VA Salt Lake City Health Care System)
- ◆ Those interested in directing their own care.

WHAT SERVICES ARE PROVIDED?

In the VDC program, the Veteran can decide what mix of home and community based services will best meet their needs. These services may include:

- ◆ Personal care services using workers hired by the Veteran
- ◆ Housekeeping, chores, and companion services
- ◆ Medication management
- ◆ Home delivered and congregate meals

Veterans in this program are given a flexible monthly budget for services that can be managed by the Veteran or appointed representative.

HELP AND SUPPORT?

- ◆ A care advisor from the local Area Agency on Aging (AAA) will work with the Veteran to identify care needs and assist in developing a spending plan to obtain the needed services.
- ◆ A financial management service will assist with paperwork and payroll, to ensure workers are paid and any applicable taxes are paid.
- ◆ A representative (family or friend) can be appointed, if needed or desired, to assist with making decisions.
- ◆ Help is always available to assist Veterans and their families with the program.

